

**Medical Student Well-Being Index Resource List**

TITLE	PHONE NUMBER	ADDITIONAL INFO	POC or WEB ADDRESS
Campus Advocacy, Resources, and Education (CARE)	817-257-5225	Jarvis Hall, 124 *provides confidential support and resources *educational prevention programs *promotes community awareness	Title IX confidential advocate
Religious and Spiritual Life	817-257-7830	Jarvis Hall, 1 <sup>st</sup> floor *spiritual guidance and pastoral care *grief and bereavement care *student emergency fund *faith organizations *workshops, meditation, and prayer	<a href="http://www.faith.tcu.edu">www.faith.tcu.edu</a>
Veterans' Services	817-257-5557	Jarvis Hall, 2 <sup>nd</sup> floor *provides assistant to military and veteran students	<a href="http://www.veteransservices.tcu.edu">www.veteransservices.tcu.edu</a>
Disabilities Services	817-257-6657	Sadler Hall, 1010	<a href="http://www.acs.tcu.edu/disability_services.asp">www.acs.tcu.edu/disability_services.asp</a>
Report a Barrier Form		*houses reporting options for bias-related incidents for students with disabilities	<a href="http://www.accessibility.tcu.edu/report-a-barrier-form/">www.accessibility.tcu.edu/report-a-barrier-form/</a>
SOM Physician Development Coaches	817-735-7905	IREB, 3 <sup>rd</sup> floor *partner with SOM students to foster a coaching relationship that will contribute toward student professional identity formation	<a href="http://www.mdschool.tcu.edu/empathetic-scholar/physician-development-coaches/">www.mdschool.tcu.edu/empathetic-scholar/physician-development-coaches/</a>

		*assist with resiliency, collaboration, communication, and continuous improvement for personal and professional development	
SOM Office of Student Affairs	817-735-7901	*provides a supportive academic and co-curricular student experience *advocates for, supports, and facilitates student success, career advising, student wellness/resilience, and coaching initiatives	<a href="https://mdschool.tcu.edu/student-affairs/">https://mdschool.tcu.edu/student-affairs/</a>
Counseling and Mental Health Center	817-257-7863	Samuelson (west entrance) *provides confidential individual and group counseling services, including crisis intervention, consultations, and more	<a href="http://www.counseling.tcu.edu">www.counseling.tcu.edu</a>
Counseling Helpline	817-257-7233	*24/7 counseling line that offers telephone counseling to all TCU students any time, day or night, and even during semester breaks	<a href="http://www.counseling.tcu.edu">www.counseling.tcu.edu</a>
Brown-Lupton Health Center	817-257-7940	2825 Stadium Drive *medical evaluations and treatment *women's health services *vaccinations and lab services	<a href="http://www.healthcenter.tcu.edu">www.healthcenter.tcu.edu</a>

		*student health insurance	
Campus Recreation	817-257-7529	TCU rec center *Club and intermural sports *fitness and exercise *aquatics and outdoor programs	<a href="http://www.campusrec.tcu.edu">www.campusrec.tcu.edu</a>
Dining Services, Dietitian	817-257-5268	Commons building *assists with sound nutrition *helps individuals with eating disorders, disordered eating *works with sports nutrition	Registered and licensed dietitian
Suicide Prevention Lifeline	800-273-TALK (8255)	*free 24/7 confidential support for people in distress *provides crisis prevention for you and your loved ones *provides best practices for professionals	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
Alcohol and Drug Education	817-257-7100	Samuelson (west entrance) *recovery resources *individual counseling *educational programming	<a href="http://www.ade.tcu.edu">www.ade.tcu.edu</a>
SafeHaven	24-hour hotline: 877-701-SAFE (7233)	*provides services to families healing from violent relationships *provides immediate shelter and housing *provides counseling and legal counsel *provides prevention and	<a href="http://www.safehaventc.org">www.safehaventc.org</a>

		reformative services	
The Women's Center – Rape Crisis and Victim Services	817-927-2737	1723 Hemphill Street (76110) *empowers women, men, and children to overcome violence, crisis, and poverty *24/7 crisis hotline *provides in-person crisis intervention and advocacy services (8 a.m. – 5 p.m. M-F)	<a href="http://www.womenscentertc.org">www.womenscentertc.org</a>
Wellness Education	817-257-4794	Rec Center, 049 *provides wellness education workshops, outreach, and programs	<a href="http://www.campusrec.tcu.edu/wellness/">www.campusrec.tcu.edu/wellness/</a>
FrogShield Smartphone App	Emergency: 817-257-7777 Non-Emergency: 817-257-8400	*anonymously report safety concerns while attaching photos/videos	<a href="http://www.police.tcu.edu/frogshield/">www.police.tcu.edu/frogshield/</a>
Victim Advocate Program	817-257-7926	*provides campus and community resources for students who are victims of assault, domestic violence, dating violence, sexual harassment, stalking, bullying, sexual assault, and prior assault	<a href="http://www.campuslife.tcu.edu/university-sexual-misconduct-policy/victim-advocate-program/">www.campuslife.tcu.edu/university-sexual-misconduct-policy/victim-advocate-program/</a>
TCU Support Line	817-257-4000	*24/7 helpline for non-emergency assistance with physical/mental health, harassment, or hazing	
Mental Health America of	817-335-5405	3136 W. 4 <sup>th</sup> Street (76107)	<a href="http://www.mhatc.org">www.mhatc.org</a>

Greater Tarrant County	24/7 ICARE Crisis Line: 817-335-3022 Warm Line (1 – 5 p.m. M-F): 817-546-7826	*enhances mental health and improves the lives of those impacted by poor mental health	
Scholarships and Student Financial Aid	817-257-7785	Sadler Hall, 2008 *offers a full range of scholarships, financial aid, and financing options to families of all income levels	<a href="http://www.financialaid.tcu.edu">www.financialaid.tcu.edu</a>
SOM Office of Enrollment Services	817-735-2430		<a href="http://www.mdschool.tcu.edu/admissions/financial-aid/">www.mdschool.tcu.edu/admissions/financial-aid/</a>
UNTHSC Library	817-735-2465	3500 Camp Bowie Boulevard *provides research assistance	<a href="http://www.unthsc.edu/academic-affairs/educational-support/library-services/">www.unthsc.edu/academic-affairs/educational-support/library-services/</a>
TCU Library	817-257-7117	Mary Couets Burnett Library *provides ask-a-librarian services	<a href="http://www.library.tcu.edu">www.library.tcu.edu</a>
SOM Career and Professional Development	817-735-2704	IREB, 3 <sup>rd</sup> floor *facilitates comprehensive career advising *oversees the delivery of Careers in Medicine *supervises the advising system for the exploration and selection of medical specialties	<a href="http://www.mdschool.tcu.edu/students/career-advising/">www.mdschool.tcu.edu/students/career-advising/</a>
Inclusiveness and Intercultural Services	817-257-5557	Jarvis Hall, 2 <sup>nd</sup> floor *provides cultural programs and diversity training *provides multicultural outreaches	<a href="http://www.diversity.tcu.edu">www.diversity.tcu.edu</a>

		*houses the gender resource office	
Campus Community Response Team	817-257-8228 Ethics and Compliance Hotline: 877-888-0002	*houses reporting options for bias-related incidents	<a href="http://www.titleix.tcu.edu/campus-community-response-team/">www.titleix.tcu.edu/campus-community-response-team/</a>
TCU Hazing Hotline	817-257-4293	*24/7 hotline to report incidents of mental or physical discomfort, embarrassment, harassment, or ridicule	<a href="http://www.tcu.codes.edu/policies/hazing">www.tcu.codes.edu/policies/hazing</a>