Promoting Wellness for Educators During Uncertain Times by David Topor, Ph.D., MS-HPEd for the Harvard Macy Community Blog

We are all finding ourselves in uncertain and stressful times. Between navigating COVID-19 in our personal and academic lives, preparing for our next class of students, and growing political frustrations and social unrest in our country, we are all trying our best to get through our day-to-day lives. Sometimes, we just need a reminder to take a breath and check in with ourselves to see what our needs are. In their blog post, Dr. David Topor outlines concrete ways in which you can not only help yourself through these trying times and those around you, but also your students.

New Resources

- Explore the Space Podcast: Episode 188- Vinny Arora on the Minority Tax & COVID-19 Upheaval in Promotions
- SOM Med-Bits: Tips for Team-Based Learning in the Online Classroom
- SOM Teaching Guide: Quick Tips for Active Learning

SOM Faculty Development Website for Resources

Many of our resources, including the ones highlighted above, are now found at our School of Medicine Faculty Development Website, including COVID-19 Resources and new teaching resources such as the Active Learning Lab, Teaching Resource Guides, and Med-Bits tabs under the “Educational Development” section of our website. We are continuously updating and adding new information and resources to our website to provide faculty with the appropriate knowledge, skills, tools, and resources to allow you to thrive as educators, scholars, and academic professionals. Please refer to our website for all of your professional and academic needs.
Upcoming Faculty Affairs and Development Sessions

There are not any sessions scheduled for the month of July. Please stay tuned for future sessions!

Did you know…

Did you know we have added a Resource of the Month section to the Faculty Development webpage? Every month, we will highlight a new resource to further support your professional and academic career. For any questions or suggestions, please contact MDFacultyDev@tcu.edu.

Faculty Development Resources

- Suggest a Faculty Development Session
- IAMSE How-To Guides
  - How-To Guide for Active Learning
  - How-To Guide for Team-Based Learning
- Faculty Development Website
- Faculty Affairs and Resources Website

Do you have a faculty development opportunity or news you want to share? Please e-mail MDFacultyDev@tcu.edu!

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